

## NATURAL JUICES

Natural yogurt with lemon juice	6.00€
Carrot with orange and ginger	6.00€
Orange, mango and grapefruit	6.00€
Apple, pineapple and carrot	6.00€
Lemon, apple, spinach and ginger	6.00€
Berries and lychee	6.00€
Coconut - Pineapple	6.00€

## COLD DISHES

Organic tomato and tuna belly salad with green olive tapenade	11.50€
Local fresh anchovies with tomato-rubbed ciabatta-style bread	17.50€
Girona veal carpaccio with parmesan shavings	12.50€
Smoked salmon sandwich with lettuce, tomato, hardboiled egg, avocado, lime and coriander mayonnaise *	9.00€
Green bean salad with goat cheese and Iberian ham	12.50€
Quinoa with spinach, baby vegetables, mushrooms and orange **	12.00€
Melon soup with ham shavings	11.50€
Whole-grain sandwich with tofu and mushrooms with oregano **	9.00€
Raw vegetable salad **	10.50€
Whole-grain sandwich with baby vegetables and turkey *	9.00€

## HOT DISHES

Rigatoni with Bolognese sauce and parmesan cheese	15.50€
Chicken and spinach burger with lettuce, tomato *	13.50€
Grilled hake supreme with grilled vegetables *	22.00€
Burger with the works with Figueres onion jam, lettuce, tomato, barbecue sauce and chips	16.50€
Grilled ham and cheese sandwich	9.00€
Whole-grain pasta sautéed with king prawns, basil and tomato	16.50€

## DESSERTS

Assortment of ice cream and/or sorbet	7.50€
Empordà <i>mató</i> with honey and sugared walnuts	7.50€
Berry and yogurt "stew" *	7.50€
Cake of the day	7.50€
<i>Crema catalana</i>	7.50€
Fruit salad *	7.50€
Rocambolesc Popsicles	7.00€

\* Proposal **HEALTHIA**\* Vegan proposal **HEALTHIA**